

How Big is My Problem?

Tiny Problem "Glitch"

- *1-2 people affected
- *5-15 min to solve
- *only lasts a few minutes
- *kids can solve or maybe ignore

Little Problem

- *may involve some upset feelings
- *might take another person to solve
- *a reminder might help

Medium Problem

- *may affect 3-9 people
- *may involve small injury or upset feelings
- *may take 15 to a couple of hours to solve
- *may need an adult to help solve

BIG Problem

- *involves many people
- *no easy or quick solution
- *may take days/weeks to solve
- *will require adult help

HUGE Problem "Emergency"

- *affects large groups
- *may include physical harm or death
- *can take months to solve
- *may need a plan with many steps
- *definitely requires help from an adult

The size of my reaction needs to match the size of my problem!