

## Fluency Enhancing Behaviors

- Slow Rate (turtle) – speak very slowly and easily
- Light Contact (feather) – touch the articulators in the mouth and lips together very lightly and softly when speaking
- Easy Starts (green light) – begin speech slower, with less tightness, and slightly softer
- Pausing (stop sign) – group words together and add pauses where they would naturally occur
- Stretchy Speech (rubber band) – stretch out the beginning sound slightly to ease into speaking
- Full Breath (whistle) – breathe in through the mouth and relax your throat and face before you speak



Slow Rate



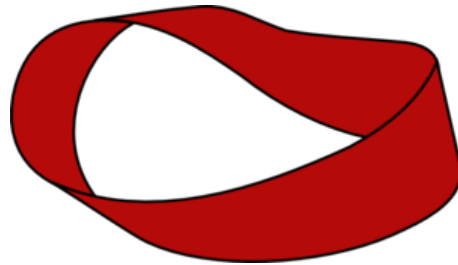
Light Contact



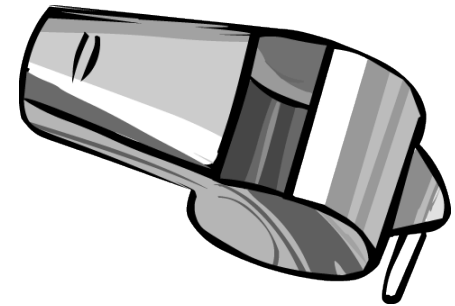
Easy Starts



Pausing



Stretchy Speech



Full Breath